



*Open Mon thru Sat 11:30am-3pm*

*Sundays are reserved for special events*

*Reservations preferred but walk-ins welcome*

*Please check our website for function closings & events*

*[www.silverfountain.com](http://www.silverfountain.com)*

*603-750-4200*

## May we start with tea.....

By the cup (1-2 cups) small pot \$2.95

By the pot (5-6 cups) large pot 7.00

### Our Tea Selections

#### White Tea (caffeine free) (steep 5 minutes)

*Spring Beginnings* – a blend of white teas, juicy strawberries & pineapple

*Lavender Spring* – relaxing with lavender and floral notes

*Mango Pear* – bits of mango, pear and marigold blossoms

*White Grape* – currants, rose hip, mallow & cornflower blossoms

#### Black Teas (steep 4 minutes)

*Ceylon Star* - Sri Lanka makes a classic flavor that is smooth and crisp

*Earl Grey* - bergamot aroma and flavor are crisp on premium Ceylon

*English Breakfast* - traditional blend

*Spicy Chai* – aniseed, cinnamon, ginger, peppercorns, cloves, chicory roots

*Oriental Spice* – superior Ceylon with orange, ginger, cinnamon & vanilla

*Blackberry Maple* – dried blackberries, blackberry leaves and brittle pieces

*Carmelita* – a swirl of caramel and vanilla layered over a China/Indian

*Irish Morning* – wild strawberry leaves, orange-red safflower, coconut

*Chocolate Truffle* – cocoa, chocolate bits, coconut shreds

*Ginger Truffle* – candied ginger, dark chocolate, almonds, pink peppercorns

*Berry Crème* – cranberry, raspberry, strawberry notes with vanilla

#### Green Teas (steep 3 minutes)

*Ginger Peach* – spicy ginger with sweet peaches, marigold blossoms, chamomile

*Genmaicha* - Japanese green has a surprise inside: toasted rice

*Jasmine Green* - naturally scented by jasmine blooms

*Sencha* – decaffeinated bold Japanese tea

*Japanese Cherry Blossom* - aromatic, pink cherry blossoms and Sencha

*Winter Pine* – almond, orange, safflower and pink peppercorns

*Berry & Fig* – fig, peony, blackberries, raspberries and strawberries

*Kombucha Plum* – Kombucha powder, blackberry, plum, raspberry, lemon grass

#### Herbal & Rooibos Teas (caffeine free) (steep 5 minutes)

*Almond Biscotti* – almond, apple, hibiscus blooms and cinnamon

*Tiramisu* - chocolate, caramel bits and (gasp!) whole coffee beans

*Berry Kisses* – candied apple, strawberry, pear & marigold and hibiscus blossoms

*Dreamy Tuscany* – lavender, rose, blackberry leaves, mallow & orange blossom

*Raspberry Cherry Compote* – raspberry, cherry, elderberry, hibiscus, sultanas, rose

*Egyptian Chamomile* - flower heads of finest chamomile

*Lucky Lemon* – lemongrass, lemon peel, apple, ginger and licorice root

*Orange Creamsicle* – SAR, curls of orange rind & dried yogurt pieces

*Chocolate Mint* – SAR, cinnamon, cocoa, aniseed and peppermint

*Sweet Sin* – SAR, raspberry, rose, vanilla and cocoa

## *Children's Menu*

### *The Bumblebee*

**12.00pp**

*Under 12 years old only please. A smaller version of The Duchess with strawberry cream cheese, chocolate spread & berry jam, peanut butter & banana sandwiches plus a petit fours sampling. Includes beverage. No splitting please.*

### *Sandwich and side*

**6.95**

*Choose from one of our sandwiches above or perhaps a grilled cheese plus either chips or fruit.*

## *The History of Tea*

*"High Tea" which is a term incorrectly used at most "tea houses" was originally used to describe the evening meal for the common man. Tea was quite expensive at this time due to high taxes and therefore was given in small amounts along with a hearty meal of perhaps ale, bread, and beef for dinner, eaten of course at high tables, hence the term.*

*"Afternoon Tea" is the term that is thought to have been made popular by Anna, the 7<sup>th</sup> Duchess of Bedford, as she complained of "a sinking feeling" during the late afternoon. It was customary at this time to eat only two main meals a day, breakfast and a late dinner around 8pm. This was served as a snack to hold off hunger and she would take it privately in her Boudoir. It is said she then started inviting friends and diplomatic acquaintances to enjoy tiny savory sandwiches and delectable pastries with her in the parlor seated on the divan and lounge chairs. Before long all of fashionable society was sipping tea and sampling sandwiches mid-day.*

*Add your name to our mailing list for monthly alerts on upcoming Themed Tea Parties and Dinner Events. Book us for an elegant Wedding or Baby Shower, Sweet 16, Anniversary or Birthday celebration.*

*Please see our display cases for tea pots, tea, fine jewelry, doll clothes & gifts handcrafted by talented local artisans*

# September High Tea

## **Turkey & Bacon Sandwich** 11.95

*Oatmeal bread with thin sliced deli turkey, fresh tomato slices, garlic chive aioli and arugula served with marinated beets or kettle chips*

## **Curry Apple Chicken Salad Sandwich** 11.95

*A buttery croissant filled with curried chicken breast, celery, raisins and apples, served with marinated beets or kettle chips*

## **Goat Cheese Pecan Sandwich** 9.95

*Honey white bread with goat cheese, pecans & red pepper jelly, served with marinated beets or kettle chips*

## **Cantaloupe & Brie Melt** 9.95

*Honey wheat bread with cantaloupe, honey & Brie cheese, served with marinated beets or kettle chips*

## **Quinoa Spinach Salad** 9.95

*Quinoa, spinach, with tomatoes, pickled red onions, feta and pine nuts, served with a warm black pepper asiago scone*

## **Raspberry Pear Salad** 9.95

*A bed of arugula with raspberries, pear, shallots, sliced almonds and gorgonzola cheese topped with a honey balsamic dressing, served with a warm black pepper asiago scone*

## **Grilled Beet Salad** 9.95

*A bed of mixed greens topped with grilled beets, crispy toasted chick peas, parsley and herbed goat cheese, drizzled with an orange ginger dressing, served with a warm black pepper asiago scone*

*Add Protein to any salad Chicken \$4.00 Salmon \$6.00*

# September Afternoon Tea

*(titled as such but may be ordered at any time)*

## **The Duchess**

**\$26pp**

*The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with a half size of the 4 different savory tea sandwiches listed under "High Tea." The middle tier has a pear & cardamom scone served with lemon curd and Devonshire cream. The top tier has a selection of dessert samplings to include apple roses, chocolate meringue, cream puff and petit four. Includes large pot of tea. No splitting please.*

## **The Hummingbird**

**18pp**

*This version has only 2 tiers and features a half size of the 4 savory tea sandwiches and a pear & cardamom scone served with lemon curd and Devonshire cream. Includes small pot of tea. No splitting please.*

## **The Chandelier**

**16.00**

*An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack, or dessert after High Tea.*

## **Tea & Scones**

**12.00**

*Just enough to tide one over for their evening meal; a large pot of tea and 2 scones – 1 savory and 1 sweet.*

## **Chilled Pear & Ginger Soup**

**8.95**

*A bowl of our chilled soup – a delicious combination of pear and ginger, topped with vanilla yogurt and nuts, served with a warm green onion scone.*

## **Bacon & Spinach Quiche**

**9.95**

*Yummy pastry crust filled with bacon, spinach and gruyere cheese, served with a warm black pepper & asiago scone*

## **Tickle Your Fancy**

**10.00**

*A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.*

## *Other Beverages*

<i>Iced Tea or Lemonade</i>	<i>\$2.95</i>
<i>Soda</i>	<i>2.95</i>
<i>Coffee or Hot Chocolate</i>	<i>2.95</i>
<i>Mimosa</i>	<i>7.50</i>
<i>Sherry, dry or sweet</i>	<i>6.00</i>
<i>Beer by the bottle</i>	<i>5.00</i>
<i>Please ask to see our wine list</i>	

*(non-alcoholic beverages are free refill)*

## *Starters, Desserts & Singles*

<i>Cup of soup</i>	<i>3.00</i>
<i>Kettle Chips</i>	<i>1.95</i>
<i>Scone w/cream &amp; curd</i>	<i>3.95</i>
<i>Vanilla Pear Cream Puffs</i>	<i>3.95</i>
<i>Chocolate Meringue</i>	<i>4.95</i>
<i>Apple Roses</i>	<i>3.95</i>
<i>Petit Fours (2)</i>	<i>3.95</i>
<i>Dessert sampling (4 small tasties above)</i>	<i>5.95</i>

*We sell our scones & curd to go for your pleasure at home!*

# October High Tea

## **Turkey & Cheddar Sandwich** **11.95**

*Rye pumpernickel swirl bread with thin sliced turkey, cheddar cheese, smoky chipotle pumpkin hummus & greens served with roasted brussel sprouts or kettle chips*

## **Almond Poppy Seed Chicken Sandwich** **11.95**

*A buttery croissant filled with chicken salad w/almonds, celery, grapes and green onion, served with roasted brussel sprouts or kettle chips*

## **Pear & Blue Cheese Sandwich** **9.95**

*Soft white bread with a blue cream cheese spread with walnuts, honey and pears, served with roasted brussel sprouts or kettle chips*

## **Caramelized Onion & Mushroom Melt** **9.95**

*Hearty white bread layered with caramelized onions, thyme, provolone cheese & mushrooms, served with roasted brussel sprouts or kettle chips*

## **Roasted Grape & Pear Salad** **9.95**

*Mixed greens topped with roasted grapes, pears, blue cheese, peppered pine nuts & shallots, then laced with a maple dressing, served with a warm rosemary, thyme & parmesan scone*

## **Beet & Pomegranate Salad** **9.95**

*A bed of spinach with grilled beets, pomegranate, thyme, goat cheese and sugared pecans drizzled with a cranberry ginger dressing, served with a warm rosemary, thyme & parmesan scone*

## **Quinoa Butternut Squash Salad** **9.95**

*Arugula greens with roasted butternut squash, toasted pumpkin seeds, quinoa, red onion and cranberries, topped with a honey Dijon mustard dressing, served with a warm rosemary, thyme & parmesan scone*

**Add Protein to any salad** Chicken \$4.00 Salmon \$6.00

# October Afternoon Tea

*(titled as such but may be ordered at any time)*

## **The Duchess**

**\$26pp**

*The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under "High Tea." The middle tier has a chai white chocolate scone served with lemon curd & Devonshire cream. The top tier has a selection of dessert samplings to include pumpkin spice cake, caramel apple cookie, pear cranberry tart and petit four. Includes large pot of tea. No splitting please.*

## **The Hummingbird**

**18pp**

*This version has only 2 tiers and features the savory tea sandwiches and a chai white chocolate scone served with lemon curd and Devonshire cream. Includes small pot of tea. No splitting please.*

## **The Chandelier**

**16.00**

*An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack, or dessert after High Tea.*

## **Tea & Scones**

**12.00**

*Just enough to tide one over for their evening meal; a large pot of tea and 2 scones – 1 savory and 1 sweet.*

## **Roasted Butternut Squash Soup**

**8.95**

*A bowl of our delicious roasted butternut squash soup served with a warm rosemary thyme & parmesan scone. Just right for a snack, or lighter fare.*

## **Apple, Cheddar & Rosemary Quiche**

**9.95**

*Yummy pastry crust filled with apples, cheddar cheese, green onion & rosemary, served with a warm rosemary thyme & parmesan scone*

## **Tickle Your Fancy**

**10.00**

*A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.*

## *Other Beverages*

<i>Iced Tea or Lemonade</i>	<i>\$2.95</i>
<i>Soda</i>	<i>2.95</i>
<i>Coffee or Hot Chocolate</i>	<i>2.95</i>
<i>Mimosa</i>	<i>7.50</i>
<i>Sherry, dry or sweet</i>	<i>6.00</i>
<i>Beer by the bottle</i>	<i>5.00</i>
<i>Please ask to see our wine list</i>	
<i>(non-alcoholic beverages are free refill)</i>	

## *Starters, Desserts & Singles*

<i>Cup of soup</i>	<i>3.00</i>
<i>Kettle Chips</i>	<i>1.95</i>
<i>Scone w/cream &amp; curd</i>	<i>3.95</i>
<i>Pumpkin Spice Latte Cake</i>	<i>3.95</i>
<i>Caramel Apple Cookie</i>	<i>3.95</i>
<i>Pear Cranberry Tart</i>	<i>4.95</i>
<i>Petit Fours (2)</i>	<i>3.95</i>
<i>Dessert sampling (4 small tasties above)</i>	<i>5.95</i>

*We sell our teas, scones & curd to go for your pleasure at home!*

## *December Inclusive Menu*

*Adults \$30 Children \$15 (see Bumblebee)*



### *Merriest Christmas*

*Creamy Parsnip-Leek Soup w/Chocolate Brioche Croutons*

≈

*Turkey, Brie, Cranberry Mustard & Greens*

*Wild Mushroom Crostini*

*Sugar Plum & Blue Cream Cheese Melt*

≈

*Cranberry, Pistachio & White Chocolate Scone*

*Fresh Devonshire Cream & Lemon Curd*

≈

*Clementine Fig Spice Cake*

*Hot Chocolate Cookies*

*Toffee Tea Cakelet*

*Petit Four*

### *Alcohol Sold Separately*

*Red or White Wine, see pricing list*

*Mimosa, Pomegranate Bellini, or Champagne \$7.50*

*Christmas Sangria \$7.00*