

Open Mon thru Sat 11:30am-3pm Sundays are reserved for special events Reservations preferred but walk-ins welcome Please check our website for function closings & events www.silverfountain.com 603-750-4200

May we start with tea.....

By the cup (1-2 cups) small pot	\$2.95
By the pot (5-6 cups) large pot	7.00

Our Tea Selections

<u>White Tea(</u>caffeine free)(steep 5 minutes)

Spring Beginnings – a blend of white teas, juicy strawberries & pineapple Lavender Spring – relaxing with lavender and floral notes Mango Pear – bits of mango, pear and marigold blossoms White Grape – currants, rose hip, mallow & cornflower blossoms <u>Black Teas</u> (steep 4 minutes)

Ceylon Star - Sri Lanka makes a classic flavor that is smooth and crisp **Earl Grey** - bergamot aroma and flavor are crisp on premium Ceylon **English Breakfast** - traditional blend

Spicy Chai – aniseed, cinnamon, ginger, peppercorns, cloves, chicory roots Oriental Spice – superior Ceylon with orange, ginger, cinnamon & vanilla Blackberry Maple – dried blackberries, blackberry leaves and brittle pieces Carmelita – a swirl of caramel and vanilla layered over a China/Indian Irish Morning – wild strawberry leaves, orange-red safflower, coconut Chocolate Truffle – cocoa, chocolate bits, coconut shreds Ginger Truffle – candied ginger, dark chocolate, almonds, pink peppercorns Berry Crème – cranberry, raspberry, strawberry notes with vanilla

<u>Green Teas</u> (steep 3 minutes) Ginger Peach – spicy ginger with sweet peaches, marigold blossoms, chamomile Genmaicha - Japanese green has a surprise inside: toasted rice Jasmine Green - naturally scented by jasmine blooms Sencha – decaffeinated bold Japanese tea Japanese Cherry Blossom - aromatic, pink cherry blossoms and Sencha Winter Pine – almond, orange, safflower and pink peppercorns Berry J. Fig – fig, peony, blackberries, raspberries and strawberries Kombucha Plum – Kombucha powder, blackberry, plum, raspberry, lemon grass

<u>Herbal & Rooibos Teas</u> (caffeine free) (steep 5 minutes) Almond Biscotti – almond, apple, hibiscus blooms and cinnamon Tiramisu - chocolate, caramel bits and (gasp!) whole coffee beans Berry Kisses – candied apple, strawberry, pear & marigold and hibiscus blossoms Dreamy Tuscany – lavender, rose, blackberry leaves, mallow & orange blossom Raspberry Cherry Compote – raspberry, cherry, elderberry, hibiscus, sultanas, rose Egyptian Chamomile - flower heads of finest chamomile Lucky Lemon – lemongrass, lemon peel, apple, ginger and licorice root Orange Creamsicle – SAR, curls of orange rind & dried yogurt pieces Chocolate Mint – SAR, cinnamon, cocoa, aniseed and peppermint Sweet Sin – SAR, raspberry, rose, vanilla and cocoa

Children's Menu

The Bumblebee

Under 12 years old only please. A smaller version of The Duchess with strawberry cream cheese, chocolate spread *L* berry jam, peanut butter *L* banana sandwiches plus a petit fours sampling. Includes beverage. No splitting please.

Sandwich and side

6.95

Choose from one of our sandwiches above or perhaps a grilled cheese plus either chips or fruit.

The History of Tea

"High Tea" which is a term incorrectly used at most "tea houses" was originally used to describe the evening meal for the common man. Tea was quite expensive at this time due to high taxes and therefore was given in small amounts along with a hearty meal of perhaps ale, bread, and beef for dinner, eaten of course at high tables, hence the term.

"Afternoon Tea" is the term that is thought to have been made popular by Anna, the 7th Duchess of Bedford, as she complained of "a sinking feeling" during the late afternoon. It was customary at this time to eat only two main meals a day, breakfast and a late dinner around 8pm. This was served as a snack to hold off hunger and she would take it privately in her Boudoir. It is said she then started inviting friends and diplomatic acquaintances to enjoy tiny savory sandwiches and delectable pastries with her in the parlor seated on the divan and lounge chairs. Before long all of fashionable society was sipping tea and sampling sandwiches mid-day.

Add your name to our mailing list for monthly alerts on upcoming Themed Tea Parties and Dinner Events. Book us for an elegant Wedding or Baby Shower, Sweet 16, Anniversary or Birthday celebration.

Please see our display cases for tea pots, tea, fine jewelry, doll clothes & gifts handcrafted by talented local artisans

12.00pp

July High Tea

Ham & Radish Benedictine Sandwich

Oatmeal bread with deli ham, benedictine spread topped with thinly sliced radish and greens, served with cantaloupe feta salad or vegetable chips

Chicken Nectarine Sandwich

A buttery croissant filled with chicken breast, celery, walnuts, red onion I nectarine, served with cantaloupe feta salad or vegetable chips

Grilled Summer Vegetable Wrap

A tasty spinach wrap filled with grilled zucchini, summer squash, onion, with artichoke hummus, served with cantaloupe feta salad or vegetable chips

Plum & Blue Cheese Melt

Thick white bread layered with a plum chutney and blue cheese, served with cantaloupe feta salad or vegetable chips

Nectarine Salad

A bed of arugula topped with nectarines, sliced almonds, chive and goat cheese, dressed with raspberry vinaigrette, served with a warm chive scone

Mixed Berry Salad

Spinach with strawberries, raspberries and blackberries, blue cheese, onion and pistachios, laced with a honey balsamic dressing, served with a warm chive scone

Vegetables & Greens Salad

Mixed greens, shaved zucchini I summer squash, parmesan cheese, basil I pine nuts, drizzled with a lemon vinaigrette, served with a warm chive scone

Add Protein to any salad Chicken \$4.00 Salmon \$6.00

11.95

9.95

9.95

9.9.5

9.95

9.9.5

11.95

July Afternoon Tea

(titled as such but may be ordered at any time)

The Duchess

The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under high tea. The middle tier has a raspberry mint scone served with lemon curd or jam and Devonshire cream. The top tier has a selection of dessert sampling to include peaches & cream prosecco cake, butter pecan blondie, pink lemonade thumbprint and petit four. Includes large pot of tea. No splitting please.

The Hummingbird

This version has only 2 tiers and features the savory tea sandwiches and a raspberry mint scone served with lemon curd or jam and Devonshire cream. Includes small pot of tea. No splitting please.

The Chandelier

An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack or dessert after High Tea.

Tea & Scones

Just enough to tide one over for their evening meal; a large pot of tea and 2 scones -1savory & 1 sweet.

Chilled Honeydew Melon Soup

A bowl of our chilled honeydew melon, mint & cucumber soup garnished with yogurt and mint, served with a raspberry mint scone.

Roasted Tomato & Caramelized Onion Quiche 9.95

Yummy pastry crust filled with roasted tomatoes, caramelized onion and parmesan cheese I garden herbs, served with a warm chive scone.

Tickle Your Fancy

A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.

\$26pp

12.00

16.00

8.95

10.00

18pp

Other Beverages

Iced Tea or Lemonade	\$2.95
Soda	2.95
Coffee or Hot Chocolate	2.95
Mimosa or Bellini	7.50
Sherry, dry or sweet	6.00
Beer by the bottle	5.00
Please ask to see our wine list	

(non-alcoholic beverages are free refill)

July Starters, Desserts & Singles

Cup of soup	3.00
Kettle Chips	1.95
Scone w/cream L curd	2.95
Butter Pecan Blondie	3.95
Pink Lemonade Thumbprints	3.95
Peaches & Cream Prosecco Cake	4.95
Petit Fours	3.95
Dessert sampling (4 small tasties)	5.95

We sell our teas, scones *L* curd to go for your pleasure at home!

August High Tea

Turkey & Cheddar Sandwich

Honey wheat bread with thin sliced deli turkey and mild cheddar, smoky tomato jam and arugula, served with corn salad or kettle chips

Dilly Egg Salad Croissant

A buttery croissant filled with our homemade dill *L* chive egg salad plus sliced cucumber, served with corn salad or kettle chips

Walnut Cream Cheese Sandwich

White bread slathered with our cream cheese spread made up of onion, walnut, parsley and nutmeg, served with corn salad or kettle chips

Basil & Artichoke Melt

Herbed bread layered with basil pesto, artichokes and Havarti cheese, served with corn salad or kettle chips

Summer Vegetable Salad

Fresh Romaine lettuce and assorted summer tomatoes, red pepper, chickpeas, pine nuts and feta cheese all laced with a yogurt dill dressing, served with a warm cheddar L herb scone

Peach & Tomato Salad

A bed of mixed greens with succulent peaches I tomatoes, red onion, sugared pecans and mozzarella cheese drizzled with a balsamic vinaigrette, served with a warm cheddar I herb scone

Berry and Beet Salad

Spinach greens with fresh berries and sliced beets, walnuts and goat cheese, served with a warm cheddar I herb scone

Add Protein to any salad Chicken \$4.00 Salmon \$6.00

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August Afternoon Tea

(titled as such but may be ordered at any time)

The Duchess

The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under high tea. The middle tier has a lemon blueberry scone served with lemon curd or jam and Devonshire cream. The top tier has a selection of dessert sampling to include peach I blackberry cakelet, lavender earl gray cheesecake, strawberry champagne shortbread and petit four. Includes large pot of tea. No splitting please.

The Hummingbird

This version has only 2 tiers and features the savory tea sandwiches and a lemon blueberry scone served with lemon curd or jam and Devonshire cream. Includes small pot of tea. No splitting please.

The Chandelier

An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack or dessert after High Tea.

Tea & Scones

Just enough to tide one over for their evening meal; a large pot of tea and 2 scones -1sweet & 1 savory.

Peachy Cantaloupe Soup

A bowl of our chilled peachy cantaloupe soup swirled with vanilla yogurt, served with a lemon blueberry scone.

Blueberry & Basil Quiche

Yummy pastry crust filled with blueberries, basil, goat cheese and slivered almonds, served with a warm cheddar I, herb scone

Tickle Your Fancy

A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.

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Starters, Desserts & Singles

Cup of soup	3.00
Kettle Chips	1.95
Scone w/cream L curd	3.95
Peach & Blackberry Cakelet	3.95
Strawberry Champagne Shortbread	3.95
Lavender Earl Gray Cheesecake	4.95
Petit Fours (2)	3.95
Dessert sampling (last 4 small tasties)	5.95
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We sell our scones & curd to go for your pleasure at home!