



*Open Mon thru Sat 11:30am-3pm*

*Sundays are reserved for special events*

*Reservations preferred but walk-ins welcome*

*Please check our website for function closings & events*

*[www.silverfountain.com](http://www.silverfountain.com)*

*603-750-4200*

## May we start with tea.....

By the cup (1-2 cups) small pot \$2.95

By the pot (5-6 cups) large pot 7.00

### Our Tea Selections

#### White Tea (caffeine free) (steep 5 minutes)

*Spring Beginnings* – a blend of white teas, juicy strawberries & pineapple

*Lavender Spring* – relaxing with lavender and floral notes

*Mango Pear* – bits of mango, pear and marigold blossoms

*White Grape* – currants, rose hip, mallow & cornflower blossoms

#### Black Teas (steep 4 minutes)

*Ceylon Star* - Sri Lanka makes a classic flavor that is smooth and crisp

*Earl Grey* - bergamot aroma and flavor are crisp on premium Ceylon

*English Breakfast* - traditional blend

*Spicy Chai* – aniseed, cinnamon, ginger, peppercorns, cloves, chicory roots

*Oriental Spice* – superior Ceylon with orange, ginger, cinnamon & vanilla

*Blackberry Maple* – dried blackberries, blackberry leaves and brittle pieces

*Carmelita* – a swirl of caramel and vanilla layered over a China/Indian

*Irish Morning* – wild strawberry leaves, orange-red safflower, coconut

*Chocolate Truffle* – cocoa, chocolate bits, coconut shreds

*Ginger Truffle* – candied ginger, dark chocolate, almonds, pink peppercorns

*Berry Crème* – cranberry, raspberry, strawberry notes with vanilla

#### Green Teas (steep 3 minutes)

*Ginger Peach* – spicy ginger with sweet peaches, marigold blossoms, chamomile

*Genmaicha* - Japanese green has a surprise inside: toasted rice

*Jasmine Green* - naturally scented by jasmine blooms

*Sencha* – decaffeinated bold Japanese tea

*Japanese Cherry Blossom* - aromatic, pink cherry blossoms and Sencha

*Winter Pine* – almond, orange, safflower and pink peppercorns

*Berry & Fig* – fig, peony, blackberries, raspberries and strawberries

*Kombucha Plum* – Kombucha powder, blackberry, plum, raspberry, lemon grass

#### Herbal & Rooibos Teas (caffeine free) (steep 5 minutes)

*Almond Biscotti* – almond, apple, hibiscus blooms and cinnamon

*Tiramisu* - chocolate, caramel bits and (gasp!) whole coffee beans

*Berry Kisses* – candied apple, strawberry, pear & marigold and hibiscus blossoms

*Dreamy Tuscany* – lavender, rose, blackberry leaves, mallow & orange blossom

*Raspberry Cherry Compote* – raspberry, cherry, elderberry, hibiscus, sultanas, rose

*Egyptian Chamomile* - flower heads of finest chamomile

*Lucky Lemon* – lemongrass, lemon peel, apple, ginger and licorice root

*Orange Creamsicle* – SAR, curls of orange rind & dried yogurt pieces

*Chocolate Mint* – SAR, cinnamon, cocoa, aniseed and peppermint

*Sweet Sin* – SAR, raspberry, rose, vanilla and cocoa

## *Children's Menu*

### *The Bumblebee*

**12.00pp**

*Under 12 years old only please. A smaller version of The Duchess with strawberry cream cheese, chocolate spread & berry jam, peanut butter & banana sandwiches plus a petit fours sampling. Includes beverage. No splitting please.*

### *Sandwich and side*

**6.95**

*Choose from one of our sandwiches above or perhaps a grilled cheese plus either chips or fruit.*

## *The History of Tea*

*"High Tea" which is a term incorrectly used at most "tea houses" was originally used to describe the evening meal for the common man. Tea was quite expensive at this time due to high taxes and therefore was given in small amounts along with a hearty meal of perhaps ale, bread, and beef for dinner, eaten of course at high tables, hence the term.*

*"Afternoon Tea" is the term that is thought to have been made popular by Anna, the 7<sup>th</sup> Duchess of Bedford, as she complained of "a sinking feeling" during the late afternoon. It was customary at this time to eat only two main meals a day, breakfast and a late dinner around 8pm. This was served as a snack to hold off hunger and she would take it privately in her Boudoir. It is said she then started inviting friends and diplomatic acquaintances to enjoy tiny savory sandwiches and delectable pastries with her in the parlor seated on the divan and lounge chairs. Before long all of fashionable society was sipping tea and sampling sandwiches mid-day.*

*Add your name to our mailing list for monthly alerts on upcoming Themed Tea Parties and Dinner Events. Book us for an elegant Wedding or Baby Shower, Sweet 16, Anniversary or Birthday celebration.*

*Please see our display cases for tea pots, tea, fine jewelry, doll clothes & gifts handcrafted by talented local artisans*

# June High Tea

**Turkey & Artichoke Tapenade Sandwich** 11.95

*Oatmeal bread, sliced roasted turkey, artichoke tapenade, provolone and greens, served with chickpea salad or kettle chips*

**Dilled Tuna Salad Sandwich** 11.95

*Tuna salad, tarragon dill aioli and pea shoots on a croissant, served with chickpea salad or kettle chips*

**Radish Cucumber Sandwich** 9.95

*Crisp slices of radish and cucumber with a basil-lemon cream cheese spread on honey wheat bread, served with chickpea salad or kettle chips*

**Blackberry & Fontina Cheese Melt** 9.95

*Thick white bread layered with muddled blackberries with basil, fontina cheese then drizzled with honey for a tasty adult grilled cheese, served with chickpea salad or kettle chips*

**Strawberry Spinach Salad** 9.95

*A bed of spinach topped with strawberries, bacon, pecans and blue cheese, drizzled with a light chive dressing, served with a warm basil scone*

**Cherry Arugula Salad** 9.95

*Crisp arugula with cherries, snap peas, goat cheese and toasted sliced almonds, tossed with a citrus vinaigrette, served with a warm basil scone*

**Summer Garden Salad** 9.95

*Mixed greens, cucumber, radish, tomato, red onion and feta with a lemon tarragon dressing, served with a warm basil scone*

**Add Protein to any salad** Chicken \$4.00 Salmon \$6.00

# June Afternoon Tea

*(titled as such but may be ordered at any time)*

## **The Duchess**

**\$26pp**

*The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under high tea. The middle tier has a rhubarb sugared scone served with lemon curd and Devonshire cream. The top tier has a selection of dessert sampling to include chocolate truffle, strawberry mascarpone cake, key lime cheesecake bar and petit four. Includes large pot of tea. No splitting please.*

## **The Hummingbird**

**18pp**

*This version has only 2 tiers and features the savory tea sandwiches and a rhubarb sugared scone served with lemon curd and Devonshire cream. Includes small pot of tea. No splitting please.*

## **The Chandelier**

**16.00**

*An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack or dessert after High Tea.*

## **Tea & Scones**

**12.00**

*Just enough to tide one over for their evening meal; a large pot of tea and 2 scones – 1 savory & 1 sweet*

## **Chilled Strawberry Bisque**

**\$8.95**

*A bowl of our strawberry bisque swirled with cream & Grand Marnier, served with a rhubarb sugared scone. Just right for a snack or lighter fare.*

## **Zucchini & Aged Cheddar Quiche**

**9.95**

*Yummy pastry crust filled with zucchini, onion & aged cheddar cheese, served with a warm herb & goat cheese scone.*

## **Tickle Your Fancy**

**10.00**

*A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.*

## *Other Beverages*

<i>Iced Tea or Lemonade</i>	<i>\$2.95</i>
<i>Soda</i>	<i>2.95</i>
<i>Coffee or Hot Chocolate</i>	<i>2.95</i>
<i>Mimosa</i>	<i>7.00</i>
<i>Sherry, dry or sweet</i>	<i>6.00</i>
<i>Wine by the glass</i>	<i>6.50</i>
<i>Beer by the bottle</i>	<i>5.00</i>

*(non-alcoholic beverages are free refill)*

## *June Starters, Desserts & Singles*

<i>Cup of soup</i>	<i>3.00</i>
<i>Scone w/cream &amp; curd</i>	<i>2.95</i>
<i>Lavender Lemon Cake</i>	<i>3.95</i>
<i>Dessert sampling (4 small tasties)</i>	<i>5.95</i>
<i>Raspberry Mint Shortbread (2)</i>	<i>3.95</i>
<i>Rosewater &amp; Pistachio Cheesecake Bar</i>	<i>4.95</i>
<i>Petit Fours (2)</i>	<i>3.95</i>
<i>Kettle Chips</i>	<i>1.95</i>

*We sell our teas, scones & curd to go for your pleasure at home!*

# July High Tea

**Ham & Radish Benedictine Sandwich** 11.95

*Oatmeal bread with deli ham, benedictine spread topped with thinly sliced radish and greens, served with cantaloupe feta salad or vegetable chips*

**Chicken Nectarine Sandwich** 11.95

*A buttery croissant filled with chicken breast, celery, walnuts, red onion & nectarine, served with cantaloupe feta salad or vegetable chips*

**Grilled Summer Vegetable Wrap** 9.95

*A tasty spinach wrap filled with grilled zucchini, summer squash, onion, with artichoke hummus, served with cantaloupe feta salad or vegetable chips*

**Plum & Blue Cheese Melt** 9.95

*Thick white bread layered with a plum chutney and blue cheese, served with cantaloupe feta salad or vegetable chips*

**Nectarine Salad** 9.95

*A bed of arugula topped with nectarines, sliced almonds, chive and goat cheese, dressed with raspberry vinaigrette, served with a warm chive scone*

**Mixed Berry Salad** 9.95

*Spinach with strawberries, raspberries and blackberries, blue cheese, onion and pistachios, laced with a honey balsamic dressing, served with a warm chive scone*

**Vegetables & Greens Salad** 9.95

*Mixed greens, shaved zucchini & summer squash, parmesan cheese, basil & pine nuts, drizzled with a lemon vinaigrette, served with a warm chive scone*

*Add Protein to any salad Chicken \$4.00 Salmon \$6.00*

# July Afternoon Tea

*(titled as such but may be ordered at any time)*

## **The Duchess**

**\$26pp**

*The formal “Duchess of Bedford” style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under high tea. The middle tier has a raspberry mint scone served with lemon curd or jam and Devonshire cream. The top tier has a selection of dessert sampling to include peaches & cream prosecco cake, butter pecan blondie, pink lemonade thumbprint and petit four. Includes large pot of tea. No splitting please.*

## **The Hummingbird**

**18pp**

*This version has only 2 tiers and features the savory tea sandwiches and a raspberry mint scone served with lemon curd or jam and Devonshire cream. Includes small pot of tea. No splitting please.*

## **The Chandelier**

**16.00**

*An assortment of 12 delectable choices of sample size “sweets” made up of scones and desserts. Perfect for sharing with a few friends as a snack, or dessert after High Tea.*

## **Tea & Scones**

**12.00**

*Just enough to tide one over for their evening meal; a large pot of tea and 2 scones – 1 savory & 1 sweet.*

## **Chilled Honeydew Melon Soup**

**8.95**

*A bowl of our chilled honeydew melon, mint & cucumber soup garnished with yogurt and mint, served with a raspberry mint scone.*

## **Roasted Tomato & Caramelized Onion Quiche**

**9.95**

*Yummy pastry crust filled with roasted tomatoes, caramelized onion and parmesan cheese & garden herbs, served with a warm chive scone.*

## **Tickle Your Fancy**

**10.00**

*A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.*



## *Other Beverages*

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<i>Soda</i>	<i>2.95</i>
<i>Coffee or Hot Chocolate</i>	<i>2.95</i>
<i>Mimosa or Bellini</i>	<i>7.50</i>
<i>Sherry, dry or sweet</i>	<i>6.00</i>
<i>Beer by the bottle</i>	<i>5.00</i>

*Please ask to see our wine list*

*(non-alcoholic beverages are free refill)*

## *July Starters, Desserts & Singles*

<i>Cup of soup</i>	<i>3.00</i>
<i>Kettle Chips</i>	<i>1.95</i>
<i>Scone w/cream &amp; curd</i>	<i>2.95</i>
<i>Butter Pecan Blondie</i>	<i>3.95</i>
<i>Pink Lemonade Thumbprints</i>	<i>3.95</i>
<i>Peaches &amp; Cream Prosecco Cake</i>	<i>4.95</i>
<i>Petit Fours</i>	<i>3.95</i>
<i>Dessert sampling (4 small tasties)</i>	<i>5.95</i>

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