

Open Mon thru Sat 11:30am-3pm Sundays are reserved for special events Reservations preferred but walk-ins welcome Please check our website for function closings & events www.silverfountain.com 603-750-4200

January High Tea

Turkey & Brie Sandwich

Sliced deli turkey & brie on wheat bread with apple butter, topped with greens, served with kettle chips or sautéed peas & asparagus

Tuna & Artichoke Sandwich

A buttery croissant filled with tuna salad, artichoke hearts and black olives, served with kettle chips or sautéed peas & asparagus

Ultimate Veggie Wrap

A spinach wrap with hummus, shoots, shredded carrot, cucumber, red cabbage and onion, served with kettle chips or sautéed peas & asparagus

Avocado, Tomato & Provolone Melt

Hearty white bread layered with avocado, tomato and provolone brushed with a lemon I olive oil vinaigrette, served with kettle chips or sautéed peas L asparagus

Spinach & Avocado Salad

A bed of spinach with avocado, chick peas, feta cheese and chipotle spiced walnuts laced with a French vinaigrette, served with a warm black pepper scone

Artichoke & Roasted Red Pepper Salad 9.95

A bed of greens topped with roasted artichokes, red pepper, shaved parmesan and roasted pine nuts, drizzled with lemon tarragon dressing, served with a warm black pepper scone

Ruby Red Salad

Arugula greens layered with segments of juicy pink grapefruit, goat cheese, toasted coconut shavings and espresso hazelnuts, topped with a ginger mandarin dressing, served with a warm black pepper scone

9.9.5

9.95

9.95

10.95

9.95

10.95

January Afternoon Tea

(titled as such but may be ordered at any time)

The Duchess

The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under high tea. The middle tier has a lemon poppy seed scone served with lemon curd and Devonshire cream. The top tier has a selection of dessert sampling to include orange upside down cake, carrot cake, chocolate macaroon I petit four. Includes large pot of tea. No splitting please.

The Hummingbird

This version has only 2 tiers and features the savory tea sandwiches and a lemon poppy seed scone served with lemon curd and Devonshire cream. Includes small pot of tea. No splitting please.

The Chandelier

An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack or dessert after High Tea.

Tea I. Scones

Just enough to tide one over for their evening meal; a large pot of tea and 2 scones.

Soup & Scone

A bowl of our roasted carrot and ginger soup and a savory black pepper scone. Just right for a snack or lighter fare.

Kale & Goat Cheese Pasty

Yummy pastry crust filled with kale, goat cheese and onion to warm you up, served with a warm black pepper scone

Tickle Your Fancy

A perfect choice for someone that wants to try a couple of things-pick 2 choices from our pasty, soup, salad and sandwich offerings. Served in half sizes. No side included.

\$26pp

10.00

16.00

\$7.95

8.95

10.00

18pp

Other Beverages

Iced Tea or Lemonade	\$2.95
Soda, regular or Italian	2.95
Coffee or Hot Chocolate	2.95
Mimosa	7.00
Sherry, dry or sweet	6.00
Wine by the glass	6.50
Beer by the bottle	5.00

(non-alcoholic beverages are free refill)

Starters, Desserts & Singles

Cup of soup	3.00
Scone w/cream L curd	2.95
Carrot Cake	4.95
Dessert sampling (4 small tasties)	5.95
Orange Upside Down Cake	3.95
Chocolate Macaroon (2)	3.95
Petit Fours (2)	3.95
Kettle Chips	1.95

February High Tea

Smoked Turkey & Cheddar Sandwich

Sliced deli smoked turkey, cheddar, spicy mayonnaise topped with tomato and greens on oatmeal bread, served with kettle chips or herbed couscous

Lemon Pepper Chicken Salad Sandwich 10.95

Lemon pepper chicken salad stuffed croissant with celery & red onion, topped with greens and served with kettle chips or herbed couscous

Spinach & Artichoke Grilled Sandwich 9.95

Marinated artichokes I spinach melted with mozzarella and aged cheese on white bread, served with kettle chips or herbed couscous

Fruit & Nut Pinwheel Sandwich

A plain wrap with a fruit and nut cream cheese mixture, drizzled with honey and served with kettle chips or herbed couscous

Blood Orange Salad

A bed of greens layered with Cara Cara and blood oranges, mint & red onion, topped with ricotta salata *L* pistachio and a red wine vinegar dressing, served with a warm cheddar & green onion scone

Fennel & Celery Salad

Crunchy greens layered with thinly sliced fennel and celery, shaved parmesan and then drizzled with a lemony citrus dressing, served with a warm cheddar L green onion scone

Arugula L. Apple Salad

Tasty arugula topped with sliced crisp apples, candied pecans and thinly sliced red onion, topped with a poppy seed dressing

9.95

9.95

9.95

9.95

10.95

February Afternoon Tea

(titled as such but may be ordered at any time)

The Duchess

The formal "Duchess of Bedford" style of afternoon tea, served on a 3-tiered cake stand. The lower tier is layered with the 4 different savory tea sandwiches listed under high tea. The middle tier has a scone served with lemon curd and Devonshire cream. The top tier has a selection of dessert sampling to include vanilla bean cheesecake, chocolate amaretti cake and shortbread cookies. Includes large pot of tea. No splitting please.

The Hummingbird

This version has only 2 tiers and features the savory tea sandwiches and a scone served with lemon curd and Devonshire cream. Includes small pot of tea. No splitting please.

The Chandelier

An assortment of 12 delectable choices of sample size "sweets" made up of scones and desserts. Perfect for sharing with a few friends as a snack or dessert after High Tea.

Tea I. Scones

Just enough to tide one over for their evening meal; a large pot of tea and 2 scones.

Soup & Scone

A bowl of our tomato soup topped with cheese and croutons, served with a savory cheddar & green onion scone. Just right for a snack or lighter fare.

Ham & Broccoli Quiche

A delicious slice of quiche with ham and broccoli with cheddar cheese to warm you up, served with a warm cheddar L green onion scone

Tickle Your Fancy

A perfect choice for someone that wants to try a couple of things-pick 2 choices from our quiche, soup, salad and sandwich offerings. Served in half sizes. No side included.

\$26pp

10.00

\$7.95

8.95

10.00

16.00

18pp

Other Beverages

Iced Tea or Lemonade	\$2.95
Soda, regular or Italian	2.95
Coffee or Hot Chocolate	2.95
Mimosa	7.00
Sherry, dry or sweet	6.00
Wine by the glass	6.50
Beer by the bottle	5.00

(non-alcoholic beverages are free refill)

Starters, Desserts & Singles

Cup of soup	3.00
Scone w/cream L curd	2.95
Vanilla Bean Cheesecake	4.95
Dessert sampling (4 small tasties)	5.95
Chocolate Amaretti Cake	3.95
Shortbread Cookies (2)	3.95
Petit Fours (2)	3.95
Kettle Chips	1.95

Children's Menu

The Bumblebee

Under 12 years old only please. A smaller version of The Duchess with strawberry cream cheese, chocolate spread L berry jam, peanut butter L banana sandwiches plus a petit fours sampling. Includes beverage. No splitting please.

Sandwich and side

Choose from one of our sandwiches above or perhaps a grilled cheese plus either chips or fruit.

The History of Tea

"High Tea" which is a term incorrectly used at most "tea houses" was originally used to describe the evening meal for the common man. Tea was quite expensive at this time due to high taxes and therefore was given in small amounts along with a hearty meal of perhaps ale, bread, and beef for dinner, eaten of course at high tables, hence the term.

"Afternoon Tea" is the term that is thought to have been made popular by Anna, the 7th Duchess of Bedford, as she complained of "a sinking feeling" during the late afternoon. It was customary at this time to eat only two main meals a day, breakfast and a late dinner around 8pm. This was served as a snack to hold off hunger and she would take it privately in her Boudoir. It is said she then started inviting friends and diplomatic acquaintances to enjoy tiny savory sandwiches and delectable pastries with her in the parlor seated on the divan and lounge chairs. Before long all of fashionable society was sipping tea and sampling sandwiches mid-day.

Add your name to our mailing list in the pink book for monthly alerts on upcoming Themed Tea Parties and Dinner Events. Book us for an elegant Wedding or Baby Shower, Sweet 16, Anniversary or Birthday celebration.

Please see our display cases for tea pots, tea, fine jewelry, doll clothes & gifts handcrafted by talented local artisans

10.00pp

6.95